

Controlling Blood Pressure (CBP) Measure



Measure Description

The percentage of members 18 - 85 years of age who had at least two visits on different dates of service with a diagnosis of hypertension (HTN) during the measurement year or the year prior to the measurement year, and whose BP was adequately controlled (BP <140/90 mm Hg).

- The measure is a weight of (1) stars and is part of the **STARs P4P Incentive Program** for measurement year 2023.
- Any outpatient visit, telephone visit, or virtual assessment claims submitted with a diagnosis of hypertension in the measurement year or the year prior to the measurement year will include the applicable members in the eligible population.

Member Compliance

- The BP reading must occur on or after the date of the second diagnosis of hypertension.
- Last BP taken during the measurement year must be <140/90 mm Hg regardless of diabetic or non-diabetic diagnosis.
- BP reading CPT code submitted in an outpatient visit, a nonacute inpatient encounter, or remote monitoring event during the measurement year will close the gap.

Call to Action

Take multiple BP readings at the beginning and end of the visit; use the lowest systolic and lowest diastolic BP as the compliant BP reading for that visit

- **Educate** the patient on ways they can help keep their **BP controlled**.
- **Encourage** the patient to **take their medication on-time**.
- **Encourage** the patient to **go to your practice** as needed.
- **Submit** the hypertension diagnosis code for **all applicable claims**.
- **Submit** the CPT II code of **the last BP reading** taken in the measurement year and ensure it is **compliant**.

Exclusions

- Members 66 years of age and older as of Dec 31st enrolled in an I-SNP and/or living long-term in an institution any time during the measurement year.
- Any patient 66-80 with frailty and advanced illness, as well as those 81 years old and older with frailty.

2023 Codes	
Systolic	Diastolic
3074F Most recent Systolic LESS than 130 mm Hg	3078F Most recent Diastolic LESS than 80 mm Hg
3075F Most recent Systolic between 130 - 139 mm Hg	3079F Most recent Systolic between 80 - 89 mm Hg
3077F Most recent Systolic GREATER THAN or EQUAL TO 140 mm Hg	3080F Most recent Systolic GREATER THAN or EQUAL TO 90 mm Hg



Please **fax** medical records to **877-741-9186**
Contact us with questions at **Stars_Support@uhcsouthflorida.com**
or speak to your Health Plan Representative.