

Medication Adherence Measure for Diabetes, Hypertension, and Cholesterol

The percentage of members who fill their prescription often enough to cover 80% or more of the time they are supposed to be taking the medication.

There is one (1) medication adherence measure for each of the following drug groups:

- Diabetes medication (members who use insulin are excluded)
- Hypertension (RAS antagonist) medication
- Cholesterol (statin) medication

☆ The medication adherence measure for each drug group has a weight of three (3) stars and is part of the **STARs P4P Incentive Program**

How does your patient become eligible for these measures?

- Once your patient has filled a medication **twice** during the measurement year.
- The measurement period is from the date of the **first** fill until December 31st of the measurement year.
- Fills are based solely on **prescriptions processed at the pharmacy under the Part D benefit. Samples and medications provided at no cost to patient and Health Plan do not count towards the measure.**

Call to Action

- Ensure your patients are obtaining timely refills and have medication on hand **at least 80% of the time during the measurement period as measured by** pharmacy claims.
- Address potential barriers to adherence such as: concerns about health benefits of medications, side effects, cost, etc.
- Consider low-cost **generics** and **100-day** prescriptions for improved adherence.
- Confirm **active prescriptions accurately reflect current dosing.**
- Discuss **mail order** pharmacy for chronic condition medications.

Contact us with questions at Stars_Support@uhcsouthflorida.com or speak to your Health Plan Representative